

School Values

Respect

Resilience

Strive for Excellence

Principal: Emma Hampton**Acting Assistant Principal:** Nga Ormsby**School Council President:** Simon Jackson**School Purpose**

To provide an engaging, friendly, safe and supportive environment that enhances learning, personal growth and well-being of all students, enabling them to become lifelong learners.

Dates to Remember

28th November—Prep Transition session 3

5th—9th December—5/6 Swimming

7th December—School Christmas Concert

Principal's Report

Dear Parents/Guardians,

Over the last two weeks we saw our 5/6 and 3/4 students attend camps. We could not have been more impressed with the behaviour and attitude our students had to attending camp. Thank you to our staff and our parent volunteer who attend these camps which made it possible for our students to be provided with the opportunity. Camp is such an important part of schooling, it provides the students a rich experience and assists in building independence. Next year, our 1/2, 3/4 and 5/6 students will be attending camp.

Over the last week we have noticed several students coming to school in the morning with soft drink, energy drinks, lollies etc to eat before school. This is setting our students up to be quite unsettled for the beginning of the day. We would appreciate your cooperation to ensure these items are not brought to school.

We are very excited to let you all know that we have successfully raised enough funds to complete the upgrade to our Prep Playground. The soft fall and artificial grass will be installed over the summer holidays. Over 2023 we will be fundraising to complete the same level of work to our 1/2 and 3/4 playgrounds. We have been incredibly honoured with the level of participation from our community towards all our fundraising efforts.

Some of you may have noticed a member from the Hobson's Bay City Council here this week before and after school checking if vehicles are obeying the parking signs. This was not arranged by us, they come around every so often to ensure everything is running smoothly. We take this as a gentle reminder to some of our parents who have been parking in our bus zone. Please ensure that you are only parking in the appropriate areas to ensure our school operations can run smoothly.

The end of the year is going to come along very quickly. Please remember to organise your child/rens book packs by the 20th December. Our grade two students transitioning to grade three are also encouraged to join our BYOD program. We will be sending home a flyer soon to provide details on our Christmas Concert which will be on Wednesday 7th December. We will also be sending information home with our grade 6 students about Graduation which will be held on Wednesday 14th December.

Have a great week,

With thanks,

Emma Hampton

AP Page



Hello!

It has been very refreshing to chat with many grade 6 parents /guardians about their child heading to high school. Speaking from experience, it is a confusing but exciting time of the year. Please feel free to come in and speak to us if you have any questions. Remember to keep an eye out on the high school websites for **Information Sessions** made available to you.

ATTENDANCE

If your child is unable to come to school, please let us know as soon as possible. You can do this by calling the school and leaving a message, sending an email to school or by logging the absence through the Compass app.



Keep us up to date...

If your child has had any external assessments/ reports completed by any allied health workers, could you please send through the reports to myself via the school's email or please contact me so that I can get your permission to contact the organisations for the reports.

The information within the reports offer some important recommendations that we could use to support your child.

Student of the week –Term4



GRADE	WEEK 6	Week 7
Prep B		Hailey- extending herself in writing and setting an example for others.
Prep L		Magdalena- The wonderful start she has made in prep!!
1/2 C		Goliath- Listening attentively during the AMPS swimming program.
1/2 G		Noah- showing a greatly improved attitude towards school work.
1/2 H		Ben—being successful when spelling his ‘wh’ words.
1/2 K	Raphael- his wonderful effort and behaviour.	
1/2 M	Kalina- always including capital letters in her writing.	Yasmine- showing excellent growth in her reading.
3/4 J	Chloe- being a respectful class member.	
3/4 L	Jesse- showing a positive attitude to writing his own poetry.	Khaled- writing a descriptive poem about the colour purple.
3/4 S	Aura- retelling a text and recording the important details using dot points.	
5/6 B		Nicole—for her enthusiasm when advertising products using persuasive techniques.
5/6 C		Umar- making an improvement during his reading and comprehension tasks.
5/6 L		
5/6 M		Annabelle- for her growth in reading.
ART	Prep B—Creatively decorating their wall hangings.	
MUSIC		1/2K—Creating musical textures using their voices.
PE		

CAMP

Student Recognition

Josh



You may have seen Josh around our School, He is up early mornings for basketball training for a 21 Day Basketball tour from Arizona to LA! Well done on your commitment and dedication we look forward to seeing how far you go! Goodluck!

Categories

FOOTSCRAY ART PRIZE
(/FAP)

YOUNG ARTISTS PRIZE
(/YOUNGARTISTS)

FAQS (/FAQS)

Young Artists Prize

This category celebrates the unbridled creativity of young people from Melbourne's West.

It is **free to enter** and all artworks are displayed in the exhibition!

ELIGIBILITY

- Entry is open to students who are Australian residents aged 18 and under who live or attend school in the Western Region Local Government Areas of Brimbank, Hobsons Bay, Maribyrnong, Melton, Moonee Valley, Wyndham and Hume.
- The artwork **must not** exceed 1.4 metres x 2 metres x 1.4 metres (depth) or 30kg in weight.
- Only one entry per-person.
- There is no entry fee.
- The artwork must be available for exhibition at Footscray Community Arts from 15 July – 6 August 2023 (this does not include installation dates).
- Students under 16 must have a completed parent/guardian consent form (<https://www.vu.edu.au/sites/default/files/yap23-consent-form-final.pdf>).

There are two entry categories, based on your school level as of 1 February 2022:

- Primary school.
- Secondary school.

The winner in each entry category is awarded \$500.

HOW TO ENTER

All entries must be submitted online via footscrayartprize.awardsplatform.com (<https://footscrayartprize.awardsplatform.com>).

Entries open on Monday 3 October 2022 and close at noon on Monday 20 March 2023.

Read the Terms & Conditions (/youngartiststcs) prior to entering the Prize.

For entrants under 16, a parent or guardian must complete a consent form and attach it to the online entry. Download the consent form (<https://www.vu.edu.au/sites/default/files/yap23-consent-form-final.pdf>).



Greetings from the Art room!

We are wrapping up yet another busy year in the Art room. You will see over the next couple of weeks some of our displays will be taken down, and artworks will be coming home with students too. Scrapbooks will be returned to students in the last week of term. I hope that many of the students' artworks find a special place in your home!

The Footscray Art Prize is open again and there is a category for Primary students. More info at www.footscrayartprize.com please see more info on following page.

AMPS NEWS episode 6 is out now and

VICTORIA UNIVERSITY, FOOTSCRAY PARK CAMPUS, BALLARAT ROAD, FOOTSCRAY, VICTORIA, AUSTRALIA (03) 9919 5130 INFO@FOOTSCRAYARTPRIZE.COM ([MAILTO:INFO@FOOTSCRAYARTPRIZE.COM](mailto:INFO@FOOTSCRAYARTPRIZE.COM))

THE FOOTSCRAY ART PRIZE IS HOSTED ON THE TRADITIONAL LANDS OF THE KULIN NATION. WE OFFER OUR RESPECT TO THE ELDERS OF THESE LANDS, AND THROUGH THEM, TO ALL ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE PAST, PRESENT AND EMERGING.



P-4 Swimming



2023 Prep Information

It's great to see our 2023 Prep spaces are almost full.

We have already held 2 transition days for our 2023 Preps, they were very excited searching our school for coloured sheep this week.

We look forward to seeing our 2023 Preps again on Monday!



**ENROL
NOW**



AMPS STEP INTO PREP 2023

Session 1: Monday 14th November 9:15 - 10:15am
Session 2: Monday 21st November 9:15 - 10:15am
Session 3: Monday 28th November 9:15 - 10:15am
Session 4: Tuesday 13th December 9:15 - 10:45am

Lifelong learning is just
around the corner!

W: www.amps.vic.edu.au

E: altona.meadows.ps@education.vic.gov.au

 @amps.tagram

 Altona Meadows Primary School



9369 1288

Community News

Sing*Act*Dance

Perform in a Show! *

TOY TALES

Summer Holiday Camps

We Give Kids Confidence

Ages 5 to 13 years



Emmanuel College - Notre Dame Campus
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Lunch Options

Classroom Cuisine Mondays and Wednesdays

Orders for Classroom Cuisine need to be placed before 8:30am the day of delivery and can be placed in advance.



SERVICING ALTONA MEADOWS PRIMARY SCHOOL
AVAILABLE MONDAY & WEDNESDAY!
Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED

LUNCH ITEM ONE

SALADS

- Greek Style Salad with Feta and Olives (V, GF)
- Pic(k)nic Box – Vegetarian (V, GF)
- Pic(k)nic Box with Ham (GF)
- Mexican Inspired Salad (V, GF)
- Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

SUSHI

- Teriyaki Chicken Hand Rolls (2)
- Cooked Tuna Hand Rolls (2)
- Avocado Hand Rolls (2)
- Cucumber Hand Rolls (2)
- Vegetarian Hand Rolls (2)

BAKERY

- Cheese and Bacon Roll
- Cheese and Vegemite Scroll (w/m)
- SCROLL with Ham & Cheese
- Semi Dried Tomato and Olive ROLL
- Topped with Only Cheese Roll

BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

- Margherita Pizza
- Ham and Pineapple Pizza
- Fresh Tomato, with Italian Herbs Pizza
- Spinach and Feta Pizza

SANDWICHES, ROLLS & WRAPS

- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Gluten Free Ham & Cheese Sandwich (GF)
- Simple Salad Roll (V)
- Cucumber & Ham Sandwich (GF)
- Vegemite Sandwich (2)
- Mild Salami and Salad Roll
- Plain Cheese Sandwich (2)
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain Cheese and Tomato Sandwich
- WRAP (GF, DF) Ham and Salad
- Wholegrain Ham and Cheese Sandwich
- Chicken and Salad Roll
- Garden Salad Wrap (GF, DF, V)

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

- Fresh Fruit Combo
- Freshly chopped Strawberries & Grapes
- Lightly Steamed Corn wheels & Broccoli pieces
- Celery & Carrot Sticks with Sultanas
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
- Chia Bowl with Banana, Coconut & Strawberries
- Sugar Snap Peas, Beans & Cherry Tomatoes
- Cantaloupe & Honeydew pieces
- Edamame (Lightly Salted)
- Cherry Tomatoes with Tasty Cheese & Rice Crackers
- Freshly chopped Orange Segments
- Whole Fruit – Banana OR Mandarin

YOGHURT

- Strawberry Chobani Yoghurt
- Blueberry Chobani Yoghurt
- Passionfruit Chobani Yoghurt
- Plain Chobani Yoghurt

BAKED GOODS

- Choc Chip Cookie
- Cornflake Cookie
- Finger Bun with Sprinkles
- Hedgehog Slice
- Choc Cup Cake (GF, DF)
- Blueberry Muffin

DIPS & CRACKERS

- Tzatziki Dip with Rice Crackers
- Avocado Dip with Rice Crackers
- Spring Onion Dip with Rice Crackers

POPCORN/SNACKS

- Dried Fruit Medley with a Yoghurt Frog
- Popcorn - Lightly Salted
- Popcorn - Slightly Sweet, Lightly Salted
- Lightly salted Fav'va Beans
- Chickpeas with Lime & Black Pepper
- Balsamic & Sea Salt Fav'va Beans

DRINKS

- Apple Juice / Orange Juice
- Full Cream Milk
- Nippy's Chocolate Milk
- So Good Soy Milk
- Strawberry Milk – Lactose Free

Healthy, Interesting & Affordable Lunches Delivered to School

**More information about Our Offering including
Pricing, Ingredients and Portion Size is available on the Our Menu Page at**

www.classroomcuisine.com.au