

School Values

Respect
Resilience
Strive for
Excellence

Principal: Emma Hampton
Assistant Principal P-2: Reachel Armstrong
Assistant Principal 3-6: Jessica Darcy
School Council President: Simon Jackson

**School Purpose**

To provide an engaging, friendly, safe and supportive environment that enhances learning, personal growth and well-being of all students, enabling them to become lifelong learners.

DATES TO REMEMBER

20th - 22nd August - Book Fair

22nd August - Book Week Parade - no assembly

29th August - P-2 Assembly - Prep B & 1/2B presenting

3rd September - Fathers Day Stall

Principal's Report

Dear Parents and Guardians,

Can you believe that we are already half way through the Term?

We have had a very busy 4 weeks of term with our 3/4 Camp, 3-6 Athletics Carnival, Anti-Bullying Week and now Book Week.

Our 3/4 Camp was a great success. Mr Tristan, Miss Chan, Mrs Young, Wayne and Marilena and all our students had a wonderful time. Our staff were very pleased with our students and the way they showed our school values at all times. It was also pleasing to see many of our students take a risk and have a go at an activity that they were very unsure about. I thank our staff for attending and providing this opportunity for our students. Camps are not possible without the support of our teachers.

Next, we have our 1/2 students heading to Camp Sunnystones on Tuesday 9th September. If your child is attending and you have not yet returned the medical form, please do so.

Our 3-6 Athletics Carnival was last Thursday and was a great success. Our students had a wonderful day participating in various sporting events. Many ribbons were handed out for outstanding performance. We are also now sending a group of students who placed in the top 2 of their age group in various events to the Laverton District Athletics Carnival on Thursday 28th August. What an achievement!

Book Week is well and truly underway. We have lots of different activities planned this week to celebrate. Please remember to complete your family quiz, all completed entries can be placed in the Red Letterbox in the hallway near the Music Room. We also have Book Fair open Wednesday, Thursday and Friday during recess and lunch for students and before and after school for families to make purchases.

The celebrations will end on Friday with our Book Week parade. This will be on the basketball court, weather dependant, at 9:15am. We look forward to seeing everyone dressed to represent a favourite book or character!

Shortly, we will be sending home our Father's Day celebrations. We have our Father's Day Stall on Wednesday 3rd September and our Open Morning on Friday 5th September. Also, don't forget about our Father's Day Raffle that is currently happening.

With thanks,

Emma Hampton

GEM Chats Gratitude

CREATING WELLBEING HABITS & CONNECTION

GEM Chats help families practice The Resilience Project's principles, offering a simple wellbeing check-in while **building stronger connections through daily conversations.**

HOW TO USE GEM CHATS

Make GEM Chats a part of your dinner routine to reflect, check in, and practice gratitude.

Try these prompts:

- ★ What are you **grateful** for today?
- ★ Share a moment that **made you smile.**
- ★ How can you **support** someone tomorrow?
- ★ What was the **best part** of your day?

In **21 days** of practising gratitude, you **rewire your brain** to start scanning the world for the positives. You become **three times** more likely to **notice a positive.**



"The more you practice the art of thankfulness, the more you have to be thankful for."

NORMAN VINCENT PEALE

Today I will make **GRATITUDE** my thing.

Miss Armstrong

3-6 Athletics Day

What a fantastic day we had at our Grade 3-6 Athletics Carnival! The energy, sportsmanship and enthusiasm shown by students made the day a true celebration of community spirit.

Our students gave their best efforts in every event from long jump and discus to 100m and 200m sprints. It was wonderful to see them encouraging one another, trying their hardest and celebrating achievements both big and small.

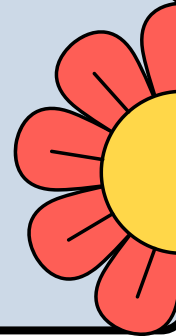
A huge thank you goes to our staff, whose support and organisation ensured the day ran smoothly. From setting up events, encouraging students and cheering from the sidelines, their commitment helped make the carnival a success.

Miss Darcy

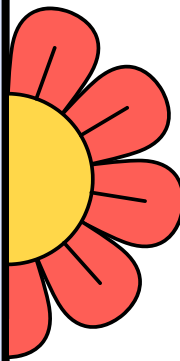


Coming up...

- Athletics Sausage Sizzle
- Father's Day Raffle
- Father's Day Stall
- Hot Lunch Fundraiser



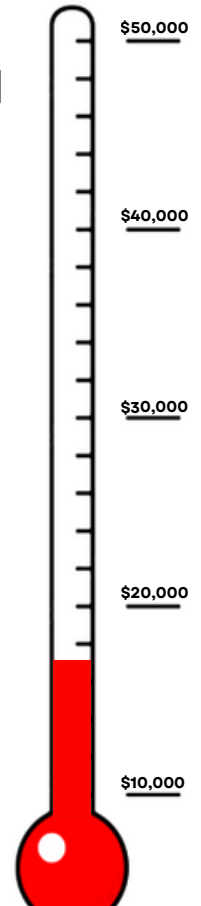
With this years fundraising efforts we are hoping to resurface our 3-6 playground.



2025 Funds raised so far...

- Dominos Pizza Lunch \$485.00
- Election Sausage Sizzle \$1375.00
- Easter Raffle \$880.00
- Mother's Day Stall \$942.00
- Mother's Day Raffle \$521.00
- Honey Drive \$564.50
- Sushi Lunch \$402.40

Out of uniform day gold coin donation raised \$158 for the Indigenous Literacy foundation



Term 3 Important Dates

☒ 29th July - Breakfast Club Starts

☒ 1st August - Prep 100 Days of School Celebration

☒ 6th August - 3/4 Camp

☒ 14th August - 3-6 Athletics Carnival

☐ 3rd September - Fathers Day Stall

☐ 5th September - Fathers Day Open Morning
9:15-10:15

☐ 8th September - Curriculum Day (no school)

☐ 9th September - 1/2 Camp

☐ 4th September - Hot Lunch Fundraiser!

☐ 19th September - Last Day of Term -
2:15pm Dismissal

**Term 4 starts
Monday 6th October**

BULLYING NO WAY:
National Week of Action

12 – 16 AUGUST 2024



Term 3 Assembly Schedule

1st August - Whole School (5/6A presenting)

8th August - Prep & 1/2 (1/2A presenting)

15th August - 3/4 & 5/6 (3/4B presenting)

22nd August - Whole School (Prep B presenting)

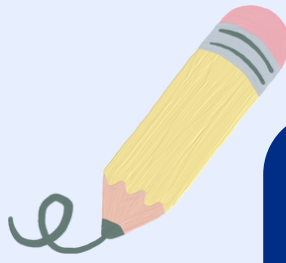
29th August - Prep & 1/2 (1/2B presenting)

5th September - no assembly

**12th September - Whole School Celebration
Assembly**

All assemblies will commence at 9:15am.
Weather will determine location choice of
Hall, Netball Court or Undercover area.

MRS. O WOULD LIKE TO SHARE SOME OF HER GRADE'S WORK



Title Alice

Goal: To sharpen your pencil.

Materials:

- pencil
- sharpener
- bin

Steps:

1. Get a sharpener and pencil
2. Put ur pencil in your sharpener

Title Alice

Goal:

3. Turn the pencil a clockWise way.
4. Then stop.
5. Take the pencil out.
3. Then ur done!

Title Jam Sandwich

Goal: To make a Jam Sandwich

Materials:

- plate
- bread
- butter
- Jam
- Knife

Steps:

1. Get plate and bread.
2. Get Jam and 2 slices of bread and spread it.
3. Get Jam and 2 slices of bread and spread it.
4. Cut it carefully.
5. Eat it.

Title Fion Hairy Harry

Goal: To make a Hairy Harry

Materials:

- cup
- grass seeds
- soil
- water

Steps:

1. Put a face on the cup.
2. Write name on cup.
3. Carefully put dirt 2cm from the top.
4. Sprinkle seeds in the cup.
5. Put more dirt on the seeds

Goal:

6. Water it each day.
7. If you want, cut it if it gets long.



The grade one and two students have been having a lot of fun writing Procedural texts. Here are a few that may inspire you to follow the steps to see if the students reached their goal!

Title Fairy Bread

Goal: To make Fairy Bread

Materials:

- butter
- plate
- loos and loos
- knife
- bread

Steps:

1. Get a plate and put the plate on the table.
2. Get a knife.

Goal:

3. Get bread and butter.
4. Get sprinkles.
5. Open the butter.
6. Use the knife then scoop the butter.
7. Spread the butter on the bread.
8. Sprinkle the sprinkles.
9. Eat and enjoy.

Title Fairy Bread

Goal: To make Fairy Bread

Materials:

- butter
- plate
- loos and loos sprinkles
- knife
- bread

Steps:

1. Get a plate put a bread on it.
2. Put butter on the bread.
3. Put sprinkles on top of the butter.



Title Jam Sandwich

Goal: To make a jam sandwich

Materials:

- plate
- knife
- bread
- butter
- jam

Steps:

1. Grab a plate from the cabinet.
2. Take a knife from the drawer.
3. Place a piece of bread on the plate.
4. Gently spread butter on the bread.
5. Spread jam on the bread.
6. Eat and enjoy.

BASKETBALL Future Development Program

We are proud to celebrate Jordan's success on his selection for the 2025 U12 Metro Jamboree!

He was chosen among Victoria's 120 rising stars and will showcase his skills at the State Basketball Centre this September and join the Future Development Program.

Well done Jordan!



If you're a proud parent and would like to share your child's achievement from outside of the school setting please share!

GRACE & EDWARD

1500 METRE RACE

We are very proud of Grace and Edward who competed in the 1500m race at Altona Green on the 18th of August.

Edward impressed us by giving it his all and coming 8th place.

Grace ran like the wind almost overtaking some competitors and placing 1st.

Placing in the top 10 is not easy and something to be really proud of. Well done!



Community NEWS.



WANTED

**AMPS Father's day
raffle donations &
volunteers for the
stall.**

We are looking for
Donations towards our
Father's day raffle, if you
would like to donate
something to go into our
hampers please send it to
the office. Thank you for
your continued support.





SHOTOKAN KARATE AUSTRALIA

KARATE IN ALTONA MEADOWS

- Shotokan Karate for All Ages & Skill Levels.
- Ages 5+ | Beginner to Advanced.
- Led by Sensei George with 40+ years of experience.
- Passionate about building confidence, discipline, and personal growth in students.
- Creates a supportive and welcoming dojo environment.
- Helps students reach their full potential, on and off the mat.
- All instructors hold Working With Children Checks (WWCC) and First Aid certification.

ONE FREE TRIAL CLASS TO GET YOU STARTED!

BONUS: JOIN IN TERM 3 TO RECEIVE A FREE GI (UNIFORM) VALUED AT \$75!!

CONTACT US

 CAT: 0409181227

 SHOTO KARATE AUSTRALIA




COME AND TRY T-BALL & BASEBALL

9:30-11:30am
Sunday 31 Aug & 14 Sept
120 Park Cres, Williamstown Nth




REGISTER
FREE

- GIRLS & BOYS
- ALL AGES & SKILL LEVELS
- NO EQUIPMENT REQ
- BRING A FRIEND

**FREE
SAUSAGE
SIZZLE**

 newporttrams.com 

Choose a Main Course item, then select 1 or 2 Items from the Snack/Drink Menu to make up a 2 or 3 Course Lunch Pack

Main Course Menu

BAKERY All items freshly baked this morning!

	2 Course Lunch	3 Course Lunch
Cheese and Vegemite Scroll (M)	\$6.45	\$8.95
Savoury Bite 'Little Frank' Roll	\$6.45	\$8.95
Topped with Only Cheese Roll (M)	\$6.45	\$8.95
Cheese and Bacon Roll	\$7.45	\$9.95
Scroll with Ham and Cheese	\$9.95	\$12.85
Frankfurt 'in a blanket' with Sauce & Cheese (2)	\$10.95	\$13.65

PIZZA / SAUSAGE ROLLS / GOZLEME / PASTIZZI / QUESADILLA / PUFF PARCEL SERVED AT ROOM TEMPI

Ricotta & Spinach Pastizzi (2) (M)	\$7.45	\$9.95
Margherita Pizza TWIST (M)	\$8.95	\$11.45
Sausage Roll with Sauce	\$8.95	\$11.45
Margherita PITA Pizza (M)	\$8.95	\$11.45
Quesadilla (Chicken) served with Sour Cream (H)	\$10.95	\$13.65
Tandoori Chicken Puff Parcel with Mango Chutney (H)	\$10.95	\$13.65
Ham & Pineapple Pizza Slice	\$10.95	\$13.65
BBQ Chicken Pizza (H)	\$10.95	\$13.65
Lamb and Beef Gozleme (H)	\$13.45	\$15.45
Mushroom and Spinach Gozleme (Vg)	\$13.45	\$15.45
Spinach and Cheese Gozleme (M)	\$13.45	\$15.45

SUSHI HAND ROLLS (2pc) Soy Sauce (GF) Provided

Teriyaki Chicken Hand Rolls (H)	\$11.50	\$13.75
Crispy Chicken (Schnitzel) Hand Rolls (H)	\$11.50	\$13.75
Cooked Tuna Hand Rolls (GF)	\$11.50	\$13.75
Avocado Hand Rolls (GF, Vg)	\$11.50	\$13.75
Cucumber Hand Rolls (GF, Vg)	\$11.50	\$13.75
Vegetarian Hand Rolls (GF, Vg)	\$11.50	\$13.75
Tofu Hand Rolls (GF, V)	\$11.50	\$13.75

RICE PAPER ROLLS (2pc) (Wed, Thu, Fri)

Chicken Rice Paper Rolls (GF, H)	\$13.45	\$15.45
Vegetarian Rice Paper Rolls (GF, Vg)	\$13.45	\$15.45

SANDWICHES / ROLLS / WRAPS / SOFT SHELL TACOS

Strawberry Jam Sandwich (1.5) (Vg)	\$7.45	\$9.95
Vegemite Sandwich (2) (Vg)	\$8.95	\$11.45
Soft Shell Chicken Taco with Salsa, Cheese & Salad (2)	\$9.95	\$12.85
Plain Cheese Sandwich (2) (M)	\$9.95	\$12.85
Cheese and Salad Roll (M)	\$10.95	\$13.65
Wholegrain Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65
Roast Chicken and Salad Roll (H)	\$11.50	\$13.75
Roast Beef, Chutney, Cheese & Lettuce Roll	\$11.50	\$13.75
Turkey, Cranberry, Lettuce & Cheese Sandwich (1.5)	\$11.50	\$13.75
Mild Salami and Salad Roll	\$11.50	\$13.75
Wrap with Chicken, Tzatziki, Lettuce, Tomato & Cucumber (H)	\$12.75	\$14.95

SALADS / PICNIC BOXES / POKE BOWLS

Fresh Fruit Salad - Main Course Size (GF, Vg)	\$11.50	\$13.75
Ham Picnic Box (GF)	\$11.50	\$13.75
Vegetarian Picnic Box (GF, V)	\$11.50	\$13.75
Greek Style Salad with Feta and Olives (GF, V)	\$12.75	\$14.95
Poke Bowl with Teriyaki Chicken (H)	\$13.45	\$15.45

GF SANDWICHES & WRAPS

GF Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65
GF Cucumber & Ham Sandwich (1.5)	\$10.95	\$13.65
GF Wrap - Ham and Salad	\$12.75	\$14.95

Snack/Drink Menu

FRESH FRUIT & VEGETABLES

Apple pieces, Lemon juice, Cinnamon & Brown Sugar	+\$1.00
Cantaloupe and Honeydew Pieces	+\$1.00
Fresh Fruit Combo	+\$1.00
Freshly Chopped Orange Segments	Included
Freshly Chopped Watermelon Pieces	Included
Whole Fruit - Apple	Included
Whole Fruit - Banana	Included
Whole Fruit - Mandarin	Included
Carrot, Cucumber, Red & Yellow Capsicum	Included
Celery and Carrot Sticks with Sultanas	Included
Cherry Tomatoes, Tasty Cheese & Rice Crackers	Included
Corn Wheels & Lightly Steamed Broccoli	Included
Edamame (Lightly Salted)	Included
Sugar Snap Peas, Beans and Cherry Tomatoes	+\$1.00

BAKERY - SWEET

Choc Chip Cookie	Included
Finger Bun with Sprinkles	Included
Lamington	Included
"Not Cross" Bun	Included
Cinnamon Doughnut	Included
Cornflake Cookie	Included
Choc Cup Cake (GF/DF/Vg)	+\$1.00
Blueberry Muffin	+\$1.00
Jam Drop Biscuit (GF)	+\$1.00
Carrot Cup Cake (GF/DF/Vg)	+\$1.00

SUSHI

1pc Tuna Sushi (GF)	+\$1.00
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POPCORN / HARVEST SNAPS

Popcorn - Slightly Sweet, Lightly Salted	Included
Popcorn - Lightly Salted	Included
Harvest Snaps (GF/DF/Vg)	Included

DRIED FRUIT / LEGUMES

Lime & Black Pepper Chickpeas	Included
Roasted Chickpeas	Included
Balsamic & Sea Salt Fava Beans	Included
Dried Fruit Medley with Yoghurt Sultanas	+\$1.00

DIPS WITH MINI RICE CAKES / CORN CHIPS

Tzatziki Dip with Mini Rice Cakes	+\$1.00
Spring Onion Dip with Mini Rice Cakes	+\$1.00
Spicy Capsicum Dip with Mini Rice Cakes	+\$1.00
Avocado Dip with Mini Rice Cakes	+\$1.00
Corn Chips with Salsa (GF)	+\$1.00

YOGHURTS / BOWLS

Strawberry Yoghurt (Dairy Farmers)	+\$1.00
Classic Vanilla Yoghurt (Dairy Farmers)	+\$1.00
Chia Bowl with Banana, Coconut & Strawberries	+\$1.00
Stewed Rhubarb and Apple with Custard	+\$1.00

DRINKS

Apple Juice (Nippy's)	Included
Orange Juice (Nippy's)	Included
Chocolate Milk (Nippy's)	Included
Strawberry Milk (Nippy's)	Included
Full Cream Milk	Included



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GF = Gluten Free, DF= Dairy Free, H= Halal, V= Vegetarian, Vg= Vegan

Descriptions, dietary and allergen information available on our website.

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CYCLONE	\$2.00
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POTATO CHIPS	\$1.00
KIBLER PYTHON	50c
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