

School Values

Respect
Resilience
Strive for
Excellence

Principal: Emma Hampton
Assistant Principal P-2: Reachel Armstrong
Assistant Principal 3-6: Jessica Darcy
School Council President: Simon Jackson

**School Purpose**

To provide an engaging, friendly, safe and supportive environment that enhances learning, personal growth and well-being of all students, enabling them to become lifelong learners.

DATES TO REMEMBER

27th - 31st October - 3-6 Swimming Program

3rd November - Curriculum Day (no school for students)

4th November - Melbourne Cup Day Public Holiday (no school for students)

7th November - AMPS Movie Night Major Fundraiser

Principal's Report

Dear Parents and Guardians,

Welcome to our 14th newsletter for the 2025 school year.

We have had a wonderful return for the commencement of Term 4. Our days have been jam filled with lots of different events already, as we know that Term 4 is always a busy term that passes very quickly!

Our 5/6 students attended camp last week. Our staff were incredibly proud of the effort and behaviour our students showed. It was great to see many of them try new things and push themselves out of their comfort zone.

This week, our P-2 students have been participating in our swimming program. So far they have done a wonderful job managing the demands that come with swimming. Our 3-6 students begin their program next week.

Our staff are beginning to prepare the class lists for 2026. They will be grouping students based on their professional judgement of what combinations promote the best environment for learning. If you would like to make a request/suggestion of who you think your child works best with, please email myself at emma.hampton@education.vic.gov.au. All requests need to be recieved by Monday 27th October.

We have unfortunately had some moments where our parent community have not behaved or responded appropriately towards our staff. In response to this, we have developed a Parent / Volunteer Expectation. At all times, our staff approach all communication with our families with respect. We are asking that all parents/volunteers show the same respect back. Moving forward, parents/volunteers who are unable to follow our Parent/Volunteer Expectations will be provided a warning. If there continues to be a challenge in communication then the parent/volunteer will be restricted from school grounds. This is a timely reminder that our staff are human and are making the choice to be here to work with our students and community. Let's work together to make sure our school is a positive place for everyone.

This week we say goodbye to Mr Bulle. Mr Bulle has made the decision to move on to a new setting. We wish him all the best. We are currently in the process of trying to recruit a new PE teacher. I will update you all once we have been successful.

A reminder that our AMPS Movie Night tickets are still for sale. We have seen a positive increase since our update earlier this week but at this stage we still have not recieved enough to continue. We will update the community on Monday with a final decision. Fingers crossed it can go ahead!

With thanks,

Emma Hampton

A MESSAGE FROM MISS ARMSTRONG & MISS DARCY

SWPBS

As we are already in week three of Term Four we would like to take this opportunity to say a big thank you to our students for all of their efforts this year. Once again we are reminded of just how caring and accepting our students are of one another. It is fantastic to see the way our students welcome new people and visitors to our school. This is what makes AMPS so special.

As this is our last term for the year we will be looking for students who are displaying our school values of respect, resilience and striving for excellence. Yard duty teachers will be providing students with a token to add to our SWPBS barrel when they demonstrate one or more of the values. Some examples of what we are looking for out in the yard is students showing respect for the environment and or their peers. Resilience is shown when students are able to reset themselves when they encounter a challenge in the yard and are able to use a learnt strategy to help resolve the challenge. It has been fantastic to hear that our grade one/two students have been using our SWPBS wheel to use different strategies to help them out in the yard.

In the classroom this week it has been rewarding to see our students striving for excellence with the effort they have been putting in. Our prep students who have been learning all about sharing equally, our grade one/two students who have been exploring fractions of a collection, our three/four students who were sharing their narrative writing with each other and then giving feedback on how to improve their story. In the five/six space they have been working hard to improve their analysing and critiquing skills of what makes an article interesting to read.

The Resilience Project - GEM Chats Gratitude

Over the next week find time as a family to think about the different ways in which you express and show gratitude. Here are some prompts you may like to use to start the conversation!

When did you feel most
proud of yourself today?

What made you **smile** today?

What are three things that
went well for you today?

Miss Darcy and Miss Armstrong



Altona Meadows Primary School

Parents / Carers Expectations

Positive school environments are important because everyone has the right to be safe and play a shared role in being respectful. Everyone at school, particularly staff and parents/carers, play a role in making school a better place for learning.

Parents/carers can create a positive environment for learning and staff work by:

Value	Expectation
Respect	- Communicating politely and respectfully with all members of the school community - Working with AMPS to achieve the best outcomes for their child/children - Communicating constructively with the school - Making use of the expected processes and protocols when raising concerns - Treating all <u>AMPS</u> staff, students and other members of the school community with respect
Resilience	Following AMPS processes for communication with staff and making complaints
Striving for Excellence	Modelling positive behaviour to their child/children and to the school community

By treating everyone with respect, parents/carers and AMPS staff can make sure students feel supported and cared for.

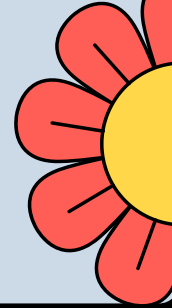
Respect

Resilience

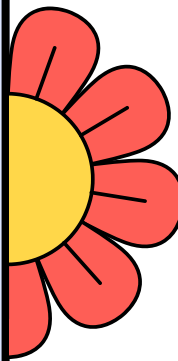
Striving for Excellence

Coming up...

- AMPS Movie Night
- Hot Lunch Fundraiser



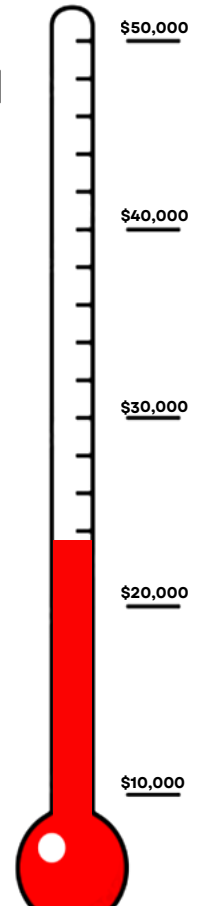
With this years fundraising efforts we are hoping to resurface our 3-6 playground.



2025 Funds raised so far...

- Dominos Pizza Lunch \$485.00
- Election Sausage Sizzle \$1375.00
- Easter Raffle \$880.00
- Mother's Day Stall \$942.00
- Mother's Day Raffle \$521.00
- Honey Drive \$564.50
- Sushi Lunch \$402.40
- Father's day Stall \$857.00
- Father's day Raffle \$496.00
- Pie Hot Lunch \$212.30

Out of uniform day gold coin donation raised \$158 for the Indigenous Literacy foundation



HAVE YOU
GOT
YOUR
TICKET?

POPCORN SWEETS RAFFLE
FAIRY FLOSS FOOD TRUCKS SHOW BAGS



**AMPS
MOVIE
NIGHT**

ALTONA MEADOWS PS 2025 MAJOR FUNDRAISER

**NOV
7**
6pm
Event Starts
7pm
Movie Starts

**TICKETS
\$20**



**CONTACT
US:
9369 1288**



AMPS Movie Night Colouring Competition
Winner will receive 1 free ticket!



Student Name: Kiel

Grade: 5/6C

Please return to the main office by Tuesday 14th October

AMPS Movie Night Colouring Competition
Winner will receive 1 free ticket!



Student Name: Aneisha Haifa

Grade: 1/2D

Please return to the main office by Tuesday 14th October

Congratulations to the winners of our How to Train Your Dragon colouring in competition Kiel and Aneisha who did a wonderful job colouring in. They each received a ticket to Altona Meadows Primary School's Movie night on November 7th.

Term 4 Important Dates

- ☒ 13th - 15th October - 5/6 Camp
- ☒ 14th October - Breakfast Club Starts
- ☒ P-2 Swimming Program
- ☐ 3-6 Swimming Program
- ☐ 3rd November - Curriculum Day (no school)
- ☐ 4th November - Melbourne Cup Public Holiday
- ☐ 7th November - **AMPS Movie Night!**
- ☐ 11th November - Remembrance Day
- ☐ 13th Hot Lunch Fundraiser
- ☐ 17th November - 2026 Prep Transition #1
- ☐ 21st November - P-2 Disco
- ☐ 24th November - 2026 Prep Transition #2
- ☐ 1st December - 2026 Prep Transition #3
- ☐ 9th December - 2026 Transition Day
- ☐ 10th December - School Concert
- ☐ 11th December - Grade 6 Graduation
- ☐ 19th December - Last day of Term 4 - 1:15pm dismissal

Term 1 starts

Wednesday 28th January



Term 4 Assembly Schedule

17th October - Whole School (5/6B presenting)

24th October - Prep & 1/2 (1/2C presenting)

31st October - 3/4 & 5/6 (3/4C presenting)

7th November - No Assembly

14th November - Whole School (5/6C presenting)

21st November - Prep & 1/2 (Prep A presenting)

28th November - 3/4 & 5/6 (3/4A presenting)

5th December - No Assembly

**12th December - Whole School Celebration
Assembly**

All assemblies will commence at 9:15am.
Weather will determine location choice of
Hall, Netball Court or Undercover area



Community NEWS.



CREATIVE CITY DAY
HOBSONS BAY CITY COUNCIL

MELBOURNE
FRINGE
FESTIVAL
30 SEP - 19 OCT 2025



VOICES
COMMONWEALTH RESERVE,
WILLIAMSTOWN
10 - 12 OCT

hobsonsbay.vic.gov.au/Fringe

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PROMOTIONS:
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TUESDAY & THURSDAY EVENINGS



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Grace

Badminton



Grace recently represented Team Victoria at the Perth National Badminton Championship last week. She and her teammates achieved fantastic results.

Grace finished within the Top 3 nationally across multiple events:

- 2nd place overall with Team Victoria
- Girls Singles – 3rd place
- Mixed Doubles – 3rd place
- Girls Doubles – 1st place (Champion)

We're very proud of her effort and sportsmanship throughout the competition.

Choose a Main Course item, then select 1 or 2 Items from the Snack/Drink Menu to make up a 2 or 3 Course Lunch Pack

Main Course Menu

BAKERY All items freshly baked this morning!

	2 Course Lunch	3 Course Lunch
Cheese and Vegemite Scroll (M)	\$6.45	\$8.95
Savoury Bite 'Little Frank' Roll	\$6.45	\$8.95
Topped with Only Cheese Roll (M)	\$6.45	\$8.95
Cheese and Bacon Roll	\$7.45	\$9.95
Scroll with Ham and Cheese	\$9.95	\$12.85
Frankfurt 'in a blanket' with Sauce & Cheese (2)	\$10.95	\$13.65

PIZZA / SAUSAGE ROLLS / GOZLEME / PASTIZZI / QUESADILLA / PUFF PARCEL SERVED AT ROOM TEMPERATURE

Ricotta & Spinach Pastizzi (2) (M)	\$7.45	\$9.95
Margherita Pizza TWIST (M)	\$8.95	\$11.45
Sausage Roll with Sauce	\$8.95	\$11.45
Margherita PITA Pizza (M)	\$8.95	\$11.45
Quesadilla (Chicken) served with Sour Cream (H)	\$10.95	\$13.65
Tandoori Chicken Puff Parcel with Mango Chutney (H)	\$10.95	\$13.65
Ham & Pineapple Pizza Slice	\$10.95	\$13.65
BBQ Chicken Pizza (H)	\$10.95	\$13.65
Lamb and Beef Gozleme (H)	\$13.45	\$15.45
Mushroom and Spinach Gozleme (Vg)	\$13.45	\$15.45
Spinach and Cheese Gozleme (M)	\$13.45	\$15.45

SUSHI HAND ROLLS (2pc) Soy Sauce (GF) Provided

Teriyaki Chicken Hand Rolls (H)	\$11.50	\$13.75
Crispy Chicken (Schnitzel) Hand Rolls (H)	\$11.50	\$13.75
Cooked Tuna Hand Rolls (GF)	\$11.50	\$13.75
Avocado Hand Rolls (GF, Vg)	\$11.50	\$13.75
Cucumber Hand Rolls (GF, Vg)	\$11.50	\$13.75
Vegetarian Hand Rolls (GF, Vg)	\$11.50	\$13.75
Tofu Hand Rolls (GF, V)	\$11.50	\$13.75

RICE PAPER ROLLS (2pc) (Wed, Thu, Fri)

Chicken Rice Paper Rolls (GF, H)	\$13.45	\$15.45
Vegetarian Rice Paper Rolls (GF, Vg)	\$13.45	\$15.45

SANDWICHES / ROLLS / WRAPS / SOFT SHELL TACOS

Strawberry Jam Sandwich (1.5) (Vg)	\$7.45	\$9.95
Vegemite Sandwich (2) (Vg)	\$8.95	\$11.45
Soft Shell Chicken Taco with Salsa, Cheese & Salad (2)	\$9.95	\$12.85
Plain Cheese Sandwich (2) (M)	\$9.95	\$12.85
Cheese and Salad Roll (M)	\$10.95	\$13.65
Wholegrain Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65
Roast Chicken and Salad Roll (H)	\$11.50	\$13.75
Roast Beef, Chutney, Cheese & Lettuce Roll	\$11.50	\$13.75
Turkey, Cranberry, Lettuce & Cheese Sandwich (1.5)	\$11.50	\$13.75
Mild Salami and Salad Roll	\$11.50	\$13.75
Wrap with Chicken, Tzatziki, Lettuce, Tomato & Cucumber (H)	\$12.75	\$14.95

SALADS / PICNIC BOXES / POKE BOWLS

Fresh Fruit Salad - Main Course Size (GF, Vg)	\$11.50	\$13.75
Ham Picnic Box (GF)	\$11.50	\$13.75
Vegetarian Picnic Box (GF, V)	\$11.50	\$13.75
Greek Style Salad with Feta and Olives (GF, V)	\$12.75	\$14.95
Poke Bowl with Teriyaki Chicken (H)	\$13.45	\$15.45

GF SANDWICHES & WRAPS

GF Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65
GF Cucumber & Ham Sandwich (1.5)	\$10.95	\$13.65
GF Wrap - Ham and Salad	\$12.75	\$14.95

Snack/Drink Menu

FRESH FRUIT & VEGETABLES

Apple pieces, Lemon juice, Cinnamon & Brown Sugar	+\$1.00
Cantaloupe and Honeydew Pieces	+\$1.00
Fresh Fruit Combo	+\$1.00
Freshly Chopped Orange Segments	Included
Freshly Chopped Watermelon Pieces	Included
Whole Fruit - Apple	Included
Whole Fruit - Banana	Included
Whole Fruit - Mandarin	Included
Carrot, Cucumber, Red & Yellow Capsicum	Included
Celery and Carrot Sticks with Sultanas	Included
Cherry Tomatoes, Tasty Cheese & Rice Crackers	Included
Corn Wheels & Lightly Steamed Broccoli	Included
Edamame (Lightly Salted)	Included
Sugar Snap Peas, Beans and Cherry Tomatoes	+\$1.00

BAKERY - SWEET

Choc Chip Cookie	Included
Finger Bun with Sprinkles	Included
Lamington	Included
"Not Cross" Bun	Included
Cinnamon Doughnut	Included
Cornflake Cookie	Included
Choc Cup Cake (GF/DF/Vg)	+\$1.00
Blueberry Muffin	+\$1.00
Jam Drop Biscuit (GF)	+\$1.00
Carrot Cup Cake (GF/DF/Vg)	+\$1.00

SUSHI

1pc Tuna Sushi (GF)	+\$1.00
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POPCORN / HARVEST SNAPS

Popcorn - Slightly Sweet, Lightly Salted	Included
Popcorn - Lightly Salted	Included
Harvest Snaps (GF/DF/Vg)	Included

DRIED FRUIT / LEGUMES

Lime & Black Pepper Chickpeas	Included
Roasted Chickpeas	Included
Balsamic & Sea Salt Fava Beans	Included
Dried Fruit Medley with Yoghurt Sultanas	+\$1.00

DIPS WITH MINI RICE CAKES / CORN CHIPS

Tzatziki Dip with Mini Rice Cakes	+\$1.00
Spring Onion Dip with Mini Rice Cakes	+\$1.00
Spicy Capsicum Dip with Mini Rice Cakes	+\$1.00
Avocado Dip with Mini Rice Cakes	+\$1.00
Corn Chips with Salsa (GF)	+\$1.00

YOGHURTS / BOWLS

Strawberry Yoghurt (Dairy Farmers)	+\$1.00
Classic Vanilla Yoghurt (Dairy Farmers)	+\$1.00
Chia Bowl with Banana, Coconut & Strawberries	+\$1.00
Stewed Rhubarb and Apple with Custard	+\$1.00

DRINKS

Apple Juice (Nippy's)	Included
Orange Juice (Nippy's)	Included
Chocolate Milk (Nippy's)	Included
Strawberry Milk (Nippy's)	Included
Full Cream Milk	Included



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GF = Gluten Free, DF = Dairy Free, H = Halal, V = Vegetarian, Vg = Vegan

Descriptions, dietary and allergen information available on our website.

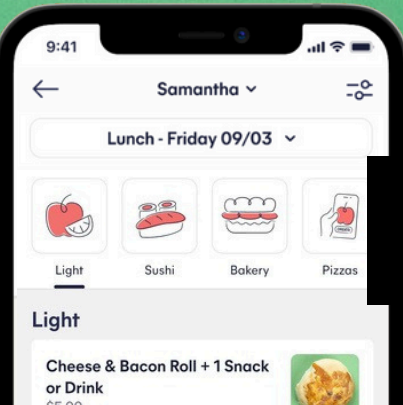
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