

**School Values**

**Respect**  
**Resilience**  
**Strive for**  
**Excellence**

**Principal:** Emma Hampton  
**Assistant Principal P-2:** Reachel Armstrong  
**Assistant Principal 3-6:** Jessica Darcy  
**School Council President:** Simon Jackson

**School Purpose**

To provide an engaging, friendly, safe and supportive environment that enhances learning, personal growth and well-being of all students, enabling them to become lifelong learners.

**DATES TO REMEMBER**

4th April - Last day of Term One - students dismissed at 2:15pm

22nd April - First day of Term Two

25th April - Anzac Day - no school for students

2nd May - Whole School Assembly

**Principal's Report**

Dear Parents and Guardians,

Can you believe that this is our last newsletter for Term One? We always say that our terms pass very quickly, but this one has been longer than Term One's normally are and it has still passed quickly.

Thank you to the parents who attended our celebration assembly last Friday. These assemblies have been a welcome addition to our assembly schedule. It is such a great way to finish a term by acknowledging individual students for their outstanding efforts. We are very proud of our students and it is nice to share their positive efforts.

Very early next term we celebrate Mother's Day. We will be sending home raffle tickets at the beginning of next term. We would also like you to save the date for the Mother's Day Stall on Wednesday 7th May and our Mother's Day Open Morning on Friday 9th May. There will be no assembly on this day due to the open morning.

At the end of this term, we will be farewelling Miss Tofts. Miss Tofts joined us last year and has been a very valued team member. She warmed quickly to our AMPS family and has built very positive relationships with our students. Miss Tofts has recently found out that she is expecting her first child and has made the decision to return to the UK to be with family. We wish Miss Tofts and her partner all the best for their journey home and the safe arrival of their first child.

Last Friday at our celebration assembly, we had Matthew Hilakari attend to present a Community Spirit award to Jeremiah in Grade One. This is a well deserved award for a young person who consistently shows our school values, looks out for his peers and encourages others to make good choices.

While Matthew was here, he shared news with the students that children are able to attend the Zoos in Melbourne for free over the holiday break. Please think of this if you are looking for something to do.

This week we sent home our Term Two Important Dates and Assembly Schedule. Please pop this on the fridge to use as a reminder for our events next term.

We hope you all have a lovely term break and manage to spend time with family and loved ones. We look forward to seeing everyone return on Tuesday 22nd April. Please also note, Friday 25th April is Anzac Day so there will be no school for students.

With thanks,

*Emma Hampton*

# A MESSAGE FROM MISS ARMSTRONG & MISS DARCY

## THE RESILIENCE PROJECT.

### We're working with The Resilience Project

We're proud to be implementing TRP's evidence-based whole school wellbeing program. Students will engage in weekly lessons to understand and strengthen their practice of **Gratitude**, **Empathy**, **Mindfulness** and **Emotional Literacy**.

#### Gratitude



Gratitude involves recognising and expressing appreciation for the people, places and things in our lives. Practising gratitude allows us to pay attention to what we have, increasing feelings of happiness and leading to a more positive outlook on life.

#### Empathy



Empathy involves understanding others' feelings and perspectives and is practised through kindness, compassion and curiosity. Developing empathy fosters deeper connections, increases our likelihood of acting kindly, and helps us experience positive emotions.

#### Mindfulness



The practice of mindfulness is about an awareness of life as we are living it.

It allows us to be responsive to our experiences rather than being reactive, and to live with greater balance, presence and connection.

#### Emotional Literacy



Emotional Literacy involves learning to identify and label our emotions, as well as developing emotional regulation skills. When we can accurately name our feelings and emotions, it reduces the impact of uncomfortable emotions and enhances the effect of positive ones.

In our work with The Resilience Project this term students have been strengthening their knowledge of gratitude, empathy, mindfulness and emotional literacy. During their weekly lessons they will also consider where and how these concepts exist within their everyday life. By learning these concepts our students will become more aware of their own emotions and those of others. A skill they will utilise within all aspects of their life.

*Miss Armstrong*

As Term 1 comes to a close, I'd like to thank our students, staff, and families for the warm welcome I have received as I've been settling into my new role. It's been a joy getting to know you all and to see the growth and achievements of our students this term.

A special thanks to our teachers for their hard work and to our families for their continued support. I encourage all students to reflect on their progress and celebrate their successes as there have been many e-Certificates sent home via Compass and Excellence badges handed out at assemblies this term. Well done!

Wishing everyone a restful break, and I look forward to seeing you all in Term 2!

*Miss Darcy*

## TEEBALL



AMPS Teeball team put in a great effort in the rain with some exciting home runs, winning 2 out of 4 games in the Interschool sports competition. Go team!

## TENNIS

AMPS Tennis players continued to compete in very wet conditions, Mr B reported that there was great sportsmanship.







Congratulations to Jeremiah who was presented the Community spirit award from local MP Matthew Hilakari for being an outstanding member of our school community.





## Term 1 Important Dates

- ☒ 3rd February - Prep Students Start
- ☒ 11th February - Breakfast Club Starts
- ☒ 17th February - SSG Meetings Start
- ☒ 20th February - Prep Families Afternoon Tea
- ☒ 4th March - Meet the Teacher - 1pm dismissal
- ☒ 5th March - Easter Raffle tickets sent home
- ☒ 10th March - Labour Day Public Holiday
- ☒ 12th March - Naplan testing commences
- ☒ 21st March - Harmony Day (wear a splash of orange)
- ☒ 27th March - Out of Uniform Day (Egg donation!)
- ☒ 27th March - Hot Lunch Fundraiser!
- ☒ 5/6 Immigration Museum Excursion
- ☒ 3rd April - Easter Hat Parade - 9:15am (Easter Raffle drawn)
- ☐ 4th April - Last day of Term - 2:15pm dismissal

Term 2 starts

Tuesday 22nd April



We are busy preparing our Term 2 Important Dates.

This will be finalised and sent home prior to the end of Term 1

## Term 1 Assembly Schedule

14th February - Whole School (5/6A presenting)

21st February - Prep & 1/2 (1/2A presenting)

28th February - 3/4 & 5/6 (3/4A presenting)

7th March - Whole School (5/6B presenting)

14th March - Prep & 1/2 (1/2B presenting)

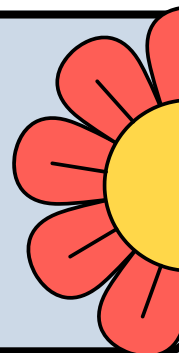
21st March - 3/4 & 5/6 (3/4B presenting)

28th March - Whole School Celebration Assembly

All assemblies will commence at 9:15am.  
Weather will determine location choice of Hall, Netball Court or Undercover area

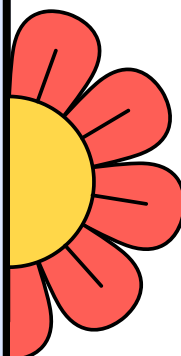
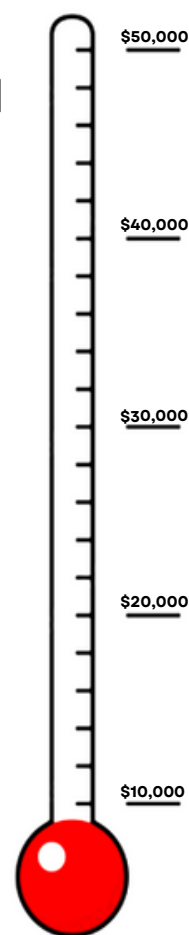
## Coming up...

- Mother's Day Stall
- Mother's Day Raffle



Out of uniform day  
Easter egg/hamper  
donation was again  
a big success with  
an abundance of  
chocolates to fill  
our raffle hampers.

With this years  
fundraising efforts  
we are hoping to  
resurface our 3-6  
playground.



## Domino's mini pizza lunch raised \$485







A big thank you to  
Domino's Pizza  
Seabrook for  
supplying over 200  
pizza's for our hot  
lunch fundraiser.

We raised a total of  
\$485.00





## POSITION AVAILABLE

### Newport Lakes Primary School First Aid Officer

Are you looking at getting back into the workforce?

Looking for a chance to be able to work locally and still have the benefit of all Government School holidays?

We're seeking a compassionate and dedicated First Aid person.

In this crucial role, you will provide immediate medical assistance to students and staff, ensuring a safe and healthy school environment.

You'll be responsible for managing minor injuries, responding to medical emergencies, and maintaining records and assisting the office when required.

A caring approach to student well-being is a must and a background in first aid is preferred but not necessary as training will also be provided by the school. If you're ready to make a positive impact and help maintain the health and safety of our school community, we'd love to hear from you!

Please visit [School Jobs Victoria](https://www.schooljobs.vic.gov.au) to find out more about this role and apply.

Search under Newport Lakes Primary School or click on the link below:

[School Jobs Victoria](https://www.schooljobs.vic.gov.au)

#### Contact Us:

p: 03 9391 8942

e: [newport.lakes.ps@education.vic.gov.au](mailto:newport.lakes.ps@education.vic.gov.au)

w: [www.newportlakesps.vic.edu.au](http://www.newportlakesps.vic.edu.au)



### Join Williamstown Magic Basketball Club

### Exciting Opportunity for Young Players!

### Free Club Registration for U8 and U10 Players

- Perfect for young basketball enthusiasts looking to join a team and have fun!
- Experience the thrill of competitive play and team camaraderie

#### Why Join Williamstown Magic?

- Community-focused club with a passion for developing young talent
- Opportunities for players of all skill levels to grow and excel
- Supportive and friendly environment

For More Information and to join the waitlist visit [williamstownmagic.com](http://williamstownmagic.com)

Join us at  
**Williamstown Magic Junior Basketball Club**  
and be part of the excitement!

## BOOLLAM BOOLLAM WILLUM

### Cultural and Biodiversity Festival

Come along to connect with Traditional Owner culture and gain insights into the natural environment of Hobsons Bay

**SUNDAY  
6 April 2025  
9.30am to 1pm**

Truganina Park  
Andrew Park Drive, Altona  
(directional signage from carpark. Mini bus available to transport from event car park)



Scan for more information and event schedule

#### EVENT HIGHLIGHTS

- Smoking ceremony & didgeridoo performance (Yidiki) - 10am
- Nature walks with a Bunurong Elder or Conservation Rangers
- Yarning Circle/First Nations Story Telling
- Basket weaving workshop
- Native plant giveaway and frog bog creation
- Hobsons Bay Wetlands Centre leading citizen science opportunities
- Chance to win a free cat enclosure valued at over \$450
- Native animal face painting & The Cornies
- Native Wildlife Display
- Mini Beast Display
- Free BBQ



Council acknowledges the Bunurong People of the Kulin Nation as the Traditional Owners of these municipal lands and waterways, and pay our respects to Elders past and present.

HOBSONS BAY CITY COUNCIL



Laverton College  
P-12

## 2026 YEAR 7 ENROLMENT

THURSDAY 24 APRIL 2025

Join us at Laverton P-12 College's  
Open Night to learn about our:

- 7 - 12 Curriculum Program
- Year 7 High Achievers Program
- Crescendo Music Program

College tours: 4:30 and 5pm  
Principals address: 5:30pm  
Concludes 6:00pm

[lavertonp12college.vic.edu.au](http://lavertonp12college.vic.edu.au) | [lavertoncollege](https://www.facebook.com/lavertoncollege) | [lavertonp12college](https://www.instagram.com/lavertonp12college)

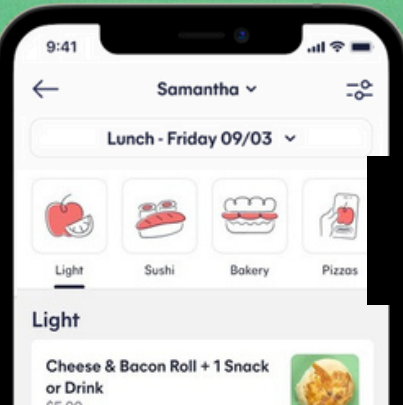


SOME  
PRODUCTS  
LIKE SUSHI  
NEED TO BE  
ORDERED  
THE DAY  
BEFORE  
DELIVERY

TK  
TUCKSHOP

Lunch packs  
starting at  
**\$4.50**

**TUESDAYS AND FRIDAYS**



**ORDER BY 8AM ON THE DAY  
USING THE SPRIGGY SCHOOLS APP**

**DOWNLOAD  
OUR APP**



## ~ CANTEEN MENU ~



### ICY POLES

FROSTY FRUITS	\$1.50
ZOOPEER DOOPER	50c
CALIPPO	\$2.00
LIFE SAVER	\$2.00
CYCLONE	\$2.00
ICY POLE	\$1.00



### SNACK

POTATO CHIPS	\$1.00
KILLER PYTHON	50c
FREDDO FROGS	50c
COOKIES	\$2.00





Order from our ENTIRE MENU until 8.30am on the Day!

## 2 COURSE LUNCH PACK from \$6.45

Choose a Main Course Item, then select 1 or 2 Items from the Snack/Drink Menu to make up a TWO or THREE Course Lunch Pack.

## Standard Choice Lunch Pack Prices

2 Course Lunch From \$ 3 Course Lunch From \$

Standard Choice Snack/Drinks included in Pack Prices  
\*Premium Choice Snack/Drink + \$1.00 each

## MAIN COURSE MENU

## SNACK / DRINK MENU

## SUSHI HAND ROLLS (2pc)

(GF Soy Sauce provided with Sushi)

Teriyaki Chicken Hand Rolls (H)	\$ 11.50	\$ 13.75
Crispy Chicken (Schnitzel) Hand Rolls (H)	\$ 11.50	\$ 13.75
Cooked Tuna Hand Rolls (GF)	\$ 11.50	\$ 13.75
Avocado Hand Rolls (GF)	\$ 11.50	\$ 13.75
Cucumber Hand Rolls (GF)	\$ 11.50	\$ 13.75
Vegetarian Hand Rolls (GF)	\$ 11.50	\$ 13.75
Tofu Hand Rolls (GF)	\$ 11.50	\$ 13.75

## RICE PAPER ROLLS (2pc)

Chicken Rice Paper Rolls (GF)	\$ 13.45	\$ 15.45
Vegetarian Rice Paper Rolls (GF)	\$ 13.45	\$ 15.45

## BAKERY (All items freshly baked this morning!)

Cheese and Vegemite Scroll	\$ 6.45	\$ 8.95
Savoury Bite 'Little Frank' Roll	\$ 6.45	\$ 8.95
Topped with Only Cheese Roll	\$ 6.45	\$ 8.95
Cheese and Bacon Roll	\$ 7.45	\$ 9.95
Semi-dried Tomato, Olive & Cheese Roll	\$ 8.95	\$ 11.45
Scroll with Ham and Cheese	\$ 9.95	\$ 12.85
Spanakopita	\$ 10.95	\$ 13.65
Frankfurt 'in a blanket' with Sauce & Cheese (2)	\$ 10.95	\$ 13.65

## PIZZA &amp; GOZLEME

(Served at Room Temp)

Margherita Pizza Twist	\$ 8.95	\$ 11.45
Ham & Pineapple Pizza Slice	\$ 10.95	\$ 13.65
Spinach and Cheese Gozleme	\$ 13.45	\$ 15.45
Lamb and Beef Gozleme	\$ 13.45	\$ 15.45
Mushroom and Spinach Gozleme	\$ 13.45	\$ 15.45

## SANDWICHES/ ROLLS/ WRAPS

Strawberry Jam Sandwich (1.5)	\$ 7.45	\$ 9.95
Vegemite Sandwich (2)	\$ 8.95	\$ 11.45
Plain Cheese Sandwich (2)	\$ 9.95	\$ 12.85
Simple Salad Roll	\$ 9.95	\$ 12.85
Cheese and Salad Roll	\$ 10.95	\$ 13.65
Wholegrain Ham & Cheese Sandwich (1.5)	\$ 10.95	\$ 13.65
Roast Chicken and Salad Roll	\$ 11.50	\$ 13.75
Roast Beef, Chutney, Cheese & Lettuce Roll	\$ 11.50	\$ 13.75
Turkey, Cranberry, Lettuce & Cheese Sandwich (1.5)	\$ 11.50	\$ 13.75
Mild Salami and Salad Roll	\$ 11.50	\$ 13.75
Wrap w/ Chicken, Tzatziki, Lettuce, Tomato Cucumber	\$ 12.75	\$ 14.95
'Banh Mi' Style Roast Chicken Long Roll	\$ 12.75	\$ 14.95

## SALADS/ PICNIC BOXES/ FRUIT &amp; VEG

Steamed Corn Wheels, Broccoli & Carrot (GF)	\$ 9.95	\$ 12.85
Fresh Fruit Salad - Main Course Size (GF)	\$ 11.50	\$ 13.5
Vegetarian Picnic Box	\$ 11.50	\$ 13.75
Ham Picnic Box	\$ 11.50	\$ 13.75
Greek Style Salad with Feta and Olives (GF)	\$ 12.75	\$ 14.95

## GF SANDWICHES &amp; WRAPS

GF Ham & Cheese Sandwich (1.5)	\$ 10.95	\$ 13.65
GF Cucumber & Ham Sandwich (1.5)	\$ 10.95	\$ 13.65
GF Wrap - Ham and Salad	\$ 12.75	\$ 14.95
GF Wrap - Garden Salad	\$ 12.75	\$ 14.95

## FRESH FRUIT &amp; VEGETABLES

Apple pieces, Lemon juice, Cinnamon & Brown Sugar*	+ \$1.00 each
Cantaloupe and Honeydew Pieces*	+ \$1.00 each
Fresh Fruit Combo*	+ \$1.00 each
Freshly Chopped Orange Segments	Std Inc.
Freshly Chopped Strawberries with Grapes	Std Inc.
Freshly Chopped Watermelon Pieces	Std Inc.
Whole Fruit - Apple	Std Inc.
Whole Fruit - Banana	Std Inc.
Carrot, Cucumber, Red & Yellow Capsicum	Std Inc.
Celery and Carrot Sticks with Sultanas	Std Inc.
Cherry Tomatoes, Tasty Cheese & Rice Crackers	Std Inc.
Corn Wheels & Lightly Steamed Broccoli	Std Inc.
Edamame (Lightly Salted)	Std Inc.
Sugar Snap Peas, Beans and Cherry Tomatoes*	+ \$1.00 each

## BAKERY - SWEET

Choc Chip Cookie	Std Inc.
Finger Bun with Sprinkles	Std Inc.
Fruit Bun	Std Inc.
Cinnamon Doughnut	Std Inc.
Cornflake Cookie	Std Inc.
Choc Cup Cake (GF/DF)*	+ \$1.00 each
Blueberry Muffin*	+ \$1.00 each
Jam Drop Biscuit (GF)*	+ \$1.00 each
Banana Slice (GF)*	+ \$1.00 each

## SUSHI (1 GF Soy Sauce)

1pc Tuna Sushi (GF)*	+ \$1.00 each
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## POPCORN

Slightly Sweet, Lightly Salted	Std Inc.
Lightly Salted	Std Inc.

## DRIED FRUIT/ LEGUMES

Lime & Black Pepper Chickpeas	Std Inc.
Roasted Chickpeas	Std Inc.
Balsamic & Sea Salt Fava Beans	Std Inc.
Dried Fruit Medley with Yoghurt Sultanas*	+ \$1.00 each

## DIPS WITH MINI RICE CAKES

Tzatziki Dip with Mini Rice Cakes*	+ \$1.00 each
Spring Onion Dip with Mini Rice Cakes*	+ \$1.00 each
Spicy Capsicum Dip with Mini Rice Cakes*	+ \$1.00 each
Avocado Dip with Mini Rice Cakes*	+ \$1.00 each

## YOGHURTS/ BOWLS

Strawberry Yoghurt (Dairy Farmers)*	+ \$1.00 each
Classic Vanilla Yoghurt (Dairy Farmers)*	+ \$1.00 each
Chia Bowl with Banana, Coconut & Strawberries*	+ \$1.00 each
Stewed Rhubarb and Apple with Custard*	+ \$1.00 each

## DRINKS

Apple Juice (Nippy's)	Std Inc.
Orange Juice (Nippy's)	Std Inc.
Chocolate Milk (Nippy's)	Std Inc.
Strawberry Milk (Nippy's)	Std Inc.
Full Cream Milk	Std Inc.

Monday,  
Wednesday,  
Thursday &  
Friday

We are a NUT FREE Kitchen. Descriptions, Dietary and Allergen Information available on our Website.

WWW.CLASSROOMCUISINE.COM.AU