

School Values

Respect
Resilience
Strive for
Excellence

Principal: Emma Hampton
School Council President: Simon Jackson

**School Purpose**

To provide an engaging, friendly, safe and supportive environment that enhances learning, personal growth and well-being of all students, enabling them to become lifelong learners.

DATES TO REMEMBER

Monday 6th November - Curriculum Day
 Tuesday 7th November - Melbourne Cup Public Holiday
 Wednesday 8th November - **Colour Fun Run!!**

Principal's Report

Dear Parents & Guardians,

Welcome to our 16th newsletter for the 2023 school year. We aim to have our newsletter filled with information and celebrations of our students and their achievements.

Our Colour Fun Run is fast approaching. We have been overwhelmed with the fundraising efforts that many of our families have put in. We think the addition of getting to slime our staff is definitely helping. As I type this message we are proud to announce that we have hit just over the \$7000 dollar mark! This means we have many slimings this week! Please make sure you check the Compass message that went out this week with information about the day. We are still looking for volunteers who would like to help with the BBQ and various stations we will have around the course. If you would like to assist, please let myself or Kerrie know.

This week we say our farewells to Mrs Eve Sakellarides who is officially retiring at the end of this week. Mrs Sakellarides has been with AMPS since 1993. She has been in the education system since 1980. We are very thankful and lucky that Mrs Sakellarides chose to work at AMPS for all these years. We are going to miss her but are sure we will see her every now and then when she pops in to what has been like her second home.

We understand that parking can be a challenge for some of our parents find parking around our school a challenge. Our carpark at the front is a designated staff car park. Our staff are finding it difficult to park in the morning's and leave in the afternoons as we have parents either parking to drop students off at before school care or trying to find a parking spot in the afternoons. We have both streets along side our school that are to be used for parents parking.

Our uniform provider State School's Relief have advised us that they are changing the way parents purchase items. They are no longer using the QKR app and are now using Shopify. We will send home information to parents on how to use the Shopify platform.

We are continually trying to increase the ways we have to communicate with our families. We have worked with Compass to be able to send you a notification, if your child has been in sick bay. We will still be calling for serious injuries or bumps to the head, this will just make visible the other small things we sometimes manage. We will also be sending home notifications for negative behaviour choices that have resulted in your child receiving a consequence at school. We are hopeful that increasing this communication will assist in squashing some repetitive negative choices that are being made.

A reminder that we have our Curriculum Day this Monday, Melbourne Cup day on Tuesday which means no school for students on both of these days. We then have our Colour Fun Run on Wednesday!

Have a great week,

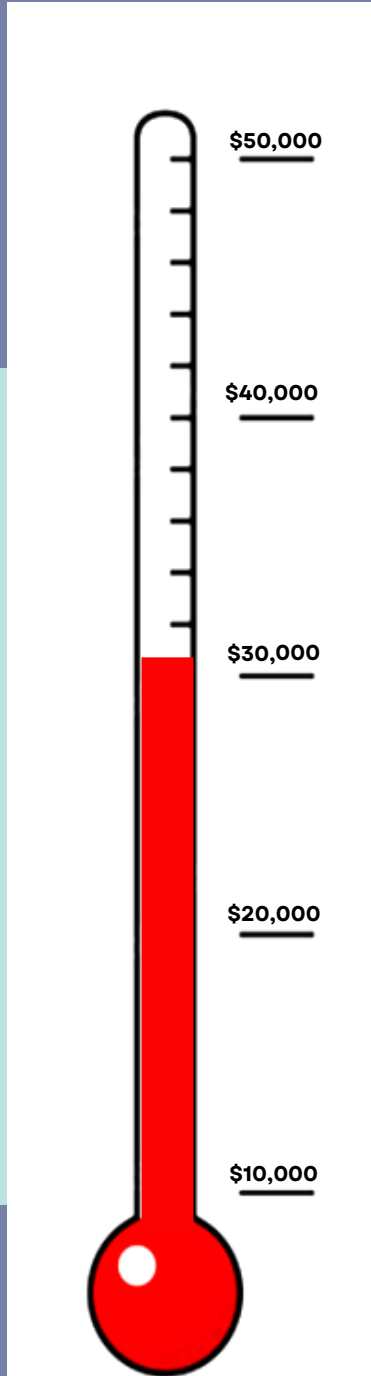
With thanks,

Emma Hampton

STUDENT OF THE WEEK - TERM 4

Grade	Week 3	Week 4
Prep B		Gwen P - continuing to display our AMPS values consistently inside and outside the classroom.
Prep L	Alana S- for demonstrating the AMPS value of 'Respect' and displaying a positive attitude towards her learning.	
1/2 C	Alfie S for trying his best when learning about the fractions 'half' and a 'quarter'.	Max P - for trying his hardest at all of his work and being an amazing member of the class.
1/2 L	Tadhg for sharing his opinions when discussing a persuasive topic.	Jye - for sharing his understanding of half past and quarter past times with the class.
1/2 M	Mohammed Being able to make valuable contributions during reading.	Shay - for being able to tell the time to the minute on an analogous clock. Well done!
1/2 R	Harrison.M- For using emotive language in his writing.	
3/4 B	Stephanie- for her expressive writing skills when writing narratives and poetry.	Aura- for always putting in her best effort and striving for excellence.
3/4 C	Jiraiya M - for settling in well to his new school and strongly showing the AMPS values.	Shala L - for always being a kind, genuine and caring student who looks out for those around her.
3/4 J	Chloe Tran - for her creativity shown when making a strategy game.	Gabriel A - for following the AMPS values of Respect, Resilience and Striving for excellence.
3/4 L	Amenah - for writing and publishing a range of creative poems on CANVA.	Dita - for writing questions about the texts she reads.
3/4 M	Hridhhi- for being a friendly and positive member of our class. We will miss you!	Manasseh- the wonderful effort he put into writing his narrative about the astronaut mirror.
5/6 A	Scarlett - her enthusiasm to participate in school activities and encouraging others.	Ryder - his leadership skills in organising his Reading Group and being prepared each week!
5/6 G	Arnes - for putting in an excellent effort to make improvements in all areas	
5/6 H	Tumua - Creating a well thought out budget using Google Sheets.	William - generating questions before, during and after reading a text.
5/6 M		
ART	Austin 1/2C & Maddy 5/6G	Havana 1/2R & Hasan 5/6A
AUSLAN	William L 1/2C & Simrah S 5/6G	Parker 1/2L & Brooklyn T 3/4B
SAKG	-	-
MUSIC	-	-
PE	-	-

FUNDRAISING



COLOUR FUN RUN

SCHOOL FUN RUN

COMPETITION

DRAWN: FRIDAY 3RD OF NOVEMBER

Raise over \$50 or \$100 for your chance to go into two different raffle draws! Winners receive a voucher worth either \$50 or \$100!

Create a profile by Monday and you will get a little surprise from Mrs Hampton. However, if you have started fundraising you will receive an even BETTER surprise on Monday!

A sausage sizzle & coffee van will be running throughout the Colour Fun Run event.

Colour Fun Run:
Wednesday 8th
of November - 1pm start

Don't forget to get a white T-shirt to wear on the day!

It's going to be a day filled with colour and exciting obstacles.

Prize ordering opens Friday 27th of October!



Lets reach our target and slime Mrs Hampton!

LOST AND FOUND



This key was found at the roundabout on Nicholson street, if this belongs to you please pop into the office to collect it..



COMMUNITY NEWS



THE LIONS CLUB OF MELBOURNE MARKETS PROUDLY PRESENTS...

★ 2023 MELBOURNE WORLD FESTIVAL OF MAGIC ★

THANKS TO THE GENEROUS SPONSORSHIP FROM THE GREATER MELBOURNE BUSINESS COMMUNITY, THIS INCREDIBLE SPECTACLE ALLOWS CHILDREN AND YOUNG ADULTS OF DIVERSE ABILITIES AND BACKGROUNDS TO EXPERIENCE ASTONISHING MAGIC AND ILLUSIONS, HILARIOUS COMEDY AND MIND-BLOWING BALANCING AND JUGGLING ACTS! ENJOY AN INCLUSIVE, ACCESSIBLE AND FLEXIBLE ENVIRONMENT WITH A RELAXED ATTITUDE TO AUDIENCE NOISE AND MOVEMENT.

*ALL TICKETS ARE COMPLIMENTARY, INCLUDING FOR FAMILIES AND CARERS.

*ONE TICKET PER PERSON IS REQUIRED FOR ENTRY.

*BULK AND INDIVIDUAL TICKET ORDERS FROM SCHOOLS, ORGANISATIONS, FAMILIES AND CARERS ARE WELCOME, INCLUDING TENTATIVE BOOKINGS.

*AVAILABLE ON A FIRST-COME, FIRST-SERVED BASIS UNTIL BOOKED OUT.

IF YOU CAN'T ATTEND THE LIVE SHOW, FREE UNLIMITED AND ON-DEMAND VIDEO STREAMING WILL BE AVAILABLE AFTER THE LIVE SHOW DATE.

THE THORNBURY THEATRE

SUNDAY 26TH NOVEMBER @ 11AM, 1PM & 4PM SHOWTIMES

MONDAY 27TH NOVEMBER @ 10.30AM, 1PM & 6PM SHOWTIMES

TO BOOK YOUR COMPLIMENTARY TICKETS, PLEASE EMAIL OR TEXT YOUR TICKET ORDER AND CONTACT DETAILS TO...

✉ MEREDITHNEWMAN@SHOWINTENT.COM.AU ☎ 0404-367-782



Get up to \$500 extra in the bank to lighten the load of education expenses



Count me in.

Commit to saving up to \$50 a month for 10 months and **we'll double it.**

saverplus.org.au
u 1300 610 355



Basic Home Maintenance 101

Louis Joel Arts and Community Centre
5 Sargood Street, Altona



E: info@imstilllearning.org
W: imstilllearning.org
FB: [imstilllearning.org](https://www.facebook.com/imstilllearning.org)

I'm Still Learning is proudly supported by the Hobsons Bay Community Grants Program, a sub fund of Australian Communities Foundation.

Who is this course for?

Our Basic Home Maintenance courses are for those seeking to gain confidence to independently complete maintenance jobs around the home.

What's included

The course involves four, two hour 'Basic Home Maintenance' sessions facilitated by experienced instructors. All the sessions will be hands-on.

What you will get out of it?

A sense of confidence that you can complete basic home maintenance tasks yourself plus gain friendships and networks with participants who may be in the same situation as yourself. You will be provided with take home notes and also become part of our Alumni program where you can continue to learn and socialise with like minded people.

Cost:

No cost, however a \$25 Refundable deposit is required upon booking. Normal cost is \$125 per person

Every Wednesday
Time: 7.15pm - 9.15pm

Session 1 - 8th November
Safety in the home

Session 2 - 15th November
How to repair a leaking tap

Session 3 - 22 November
How to safely use a battery operated drill

Session 4 - 29th November
Using a battery operated drill to build a take home tool box



Bookings <https://www.trybooking.com/CMAVP>

OSCH

Camp Australian will be running on the curriculum day Monday, 6th November 2023 from 7am - 6pm.



CANTEEN MENU



ICY POLES

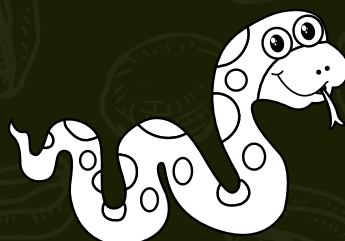
FROSTY FRUITS	\$1.50
ZOOPER DOOPER	50c
CALIPPO	\$2.00
LIFE SAVER	\$2.00
CYCLONE	\$2.00
ICY POLE	\$1.00



MUFFINS



CHOCOLATE CHIP	\$1.00
BANANA	\$1.00



SNACK

DONUTS	\$3.00
POTATO CHIPS	\$1.00
KILLER PYTHON	50c
FREDDO FROGS	50c
COOKIES	\$2.00





SERVICING ALTONA MEADOWS PRIMARY SCHOOL
AVAILABLE ON MONDAY & WEDNESDAY
Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED

LUNCH ITEM ONE

SALADS

Greek Style Salad with Feta and Olives (V, GF)
Pic(k)nic Box – Vegetarian (V, GF)
Pic(k)nic Box with Ham (GF)
Pic(k)nic Box with a Whole Egg
Falafel with Tabouli Salad (V,G/DF, H)
Mexican Inspired Salad (V, GF)
Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

SUSHI

Teriyaki Chicken Hand Rolls (2)
Cooked Tuna Hand Rolls (2)
Avocado Hand Rolls (2)
Cucumber Hand Rolls (2)
Vegetarian Hand Rolls (2)
Tofu Hand Rolls (2)

BAKERY

Cheese and Bacon Roll
Cheese and Vegemite Scroll (w/m)
SCROLL with Ham & Cheese
Semi Dried Tomato and Olive ROLL
Topped with Only Cheese Roll
GOZLEME - Lamb & Beef (H)
GOZLEME - Spinach and Cheese (V, H)

SANDWICHES, ROLLS & WRAPS

Turkey, Cranberry, Lettuce and Cheese Sandwich
Gluten Free Ham & Cheese Sandwich (GF)
Simple Salad Roll (V)
Cucumber & Ham Sandwich (GF)
Vegemite Sandwich (2)
Mild Salami and Salad Roll
Plain Cheese Sandwich (2)
Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
Cheese and Salad Roll
Wholegrain ROLL with Cheese and Tomato
WRAP (GF, DF) Ham and Salad
Wholegrain Ham and Cheese Sandwich
Chicken MAYO and Lettuce Roll (H)
Garden Salad Wrap (GF,DF,V)

BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

Margherita Pizza
Ham and Pineapple Pizza

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

Freshly chopped strawberries with Grapes
Fresh Fruit Combo
Lightly Steamed Corn wheels & Broccoli pieces
Celery & Carrot Sticks with Sultanas
Chopped Carrot, Cucumber, Red & Yellow Capsicum
Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
Chia Bowl with Banana, Coconut & Strawberries
Sugar Snap Peas, Beans & Cherry Tomatoes
Cantaloupe & Honeydew pieces
Edamame (Lightly Salted)
Cherry Tomatoes with Tasty Cheese & Rice Crackers
Freshly chopped Orange Segments
Whole Fruit – Banana OR Mandarin

YOGHURT

Strawberry Chobani Yoghurt
Blueberry Chobani Yoghurt
Passionfruit Chobani Yoghurt
Plain Chobani Yoghurt

BAKED GOODS

Choc Chip Cookie
Cornflake Cookie
Finger Bun with Sprinkles
Hedgehog Slice
Choc Cup Cake (GF,DF)
Blueberry Muffin
Fruit Bun
Jam Drop Biscuit (GF, NF, H)

DIPS & CRACKERS

Tzatziki Dip with Rice Crackers
Avocado Dip with Rice Crackers
Spring Onion Dip with Rice Crackers

POPCORN/SNACKS

Dried Fruit Medley with a Yoghurt Frog
Popcorn - Lightly Salted
Popcorn - Slightly Sweet, Lightly Salted
Lightly salted Fav'va Beans
Chickpeas with Lime & Black Pepper
Balsamic & Sea Salt Fav'va Beans

DRINKS

Apple Juice
Orange Juice
Full Cream Milk
Nippy's Chocolate Milk
Strawberry (Lactose Free) Milk
So Good Soy Milk

Healthy, Interesting & Affordable Lunches Delivered to School!

More information about Our Offering including
Pricing, Ingredients and Portion Size is available on the Our Menu Page at

www.classroomcuisine.com.au

LUNCH BOX IDEAS

