#### **ALTONA MEADOWS PRIMARY SCHOOL**

#### **School Values**

Respect
Resilience
Strive for
Excellence

Principal: Emma Hampton
Assistant Principal P-2: Reachel Armstrong
Assistant Principal 3-6: Jessica Darcy
School Council President: TBA



#### **School Purpose**

To provide an engaging, friendly, safe and supportive environment that enhances learning, personal growth and wellbeing of all students, enabling them to become lifelong learners.

#### **DATES TO REMEMBER**

10th March - Public Holiday - no school 12th March - Naplan Testing commences 14th March - P-2 Assembly

#### Principal's Report

Dear Parents and Guardians,

Welcome to our second newsletter for the 2025 school year.

Thank you to all the families that came along to our Meet the Teacher session last night. It was great to see such a high number of families schedule an appointment and come to meet our staff.

I am excited to announce that we have completed the process of nominations for our 2025 School Council. I would like to congratulate Louise Evans, Scott Hanson, Michelle Tyerman, Simon Jackson, Emma-Louise McMahon, Sarah Cholodnuik and Bree Cass as our parent members. I would also like to welcome Miss Tofts, Miss Armstrong, Miss Hepi and Kerrie to our School Council as our staff members. I look forward to working with this group throughout the year.

This week we have noticed a high number of students arriving very early to school. Our gates are open from 8am however, I would like to remind families that the yard is not supervised until 8:45am which means we have no staff supervising students when they arrive at 8am.

Just a reminder that our school collects and uses student and parent personal information for standard school functions or where permitted by law, as stated in the <u>Schools' Privacy Policy</u> and the <u>Schools' Privacy Collection Notice</u>.

Our Photographing, Filming and Recording Students Policy, describes how we collect and use photographs, video and recordings of students. The policy also explains when parent consent is required and how it can be provided and withdrawn.

We ask parents to also review the guidance we provide on how we use <u>Microsoft 365/Google Workspace</u> <u>for Education</u> safely at the school and what parents can do to further protect their child's information. If after reviewing the guidance, you have any questions or concerns regarding your child using Microsoft 365/Google Workspace for Education, please contact the school.

For more information about privacy, refer to: Schools' privacy policy: information for parents.

A reminder that Monday is Labour Day, this means there is no school for students on Monday. Have a lovely long weekend.

With thanks,

Emma Hampton



## A MESSAGE FROM MISS ARMSTRONG & MISS DARCY







#### Respect

Respect is vital in all successful relationships, be that between a teacher and a student or a parent and their child. Respect works both ways, it's not just the child who has to respect the adult.

When a child feels respected this has a profound affect on how they feel about themselves and how they behave towards others. Being respected by important people in our lives growing up teaches us how to be respectful towards others. It builds feelings of trust, safety and wellbeing.

#### Different ways we can show respect to each other

- Listen to each other when talking and show interest in the topic
- Check in with people and see how they might be feeling
- Respect each others boundaires
- Acknowledge the effort people put into tasks or friendships

In today's digital age, online safety and responsible internet use are more important than ever for our students. As technology continues to play a significant role in their education and daily lives, it's essential to ensure they understand how to stay safe while using the internet.

#### **Key Online Safety Tips for Students and Families:**

- 1. Protecting Personal Information: Remind your child not to share personal details such as their full name, address, phone number, or school name online. We encourage students to think before posting anything that could be used to identify them or others.
- 2. Respecting Privacy: It is important for students to understand that privacy matters online. Children should never share photos, videos, or private conversations without consent, particularly when it involves others.
- 3. Online Friendships and Strangers: Encourage your child to be cautious when interacting with people online. They should not accept friend requests or communicate with people they don't know in real life. If they feel uncomfortable or uncertain about an interaction, they should talk to a trusted adult.
- 4. Cyberbullying Awareness: Cyberbullying is a serious issue, and we want all students to understand the importance of treating others with kindness and respect. Students should report any instances of bullying or inappropriate behaviour to a teacher or trusted adult.
- 5. Setting Boundaries and Screen Time: The Department of Education encourages balanced use of technology. Parents can support this by setting screen time limits at home, promoting offline activities such as outdoor play, reading, and family
- 6. Reporting Concerns: We emphasize the importance of open communication. If your child encounters something inappropriate or feels uncomfortable online, they should know they can always come to you or a trusted adult for help.
- 7. Parental Controls and Supervision: To support safe online practices, we encourage parents to make use of parental controls and monitor the types of content and apps their child accesses. This ensures age-appropriate material and a safer online experience.

The Victorian Department of Education's Student Online Safety Policy supports schools in promoting digital literacy, safety, and wellbeing. We are committed to working with you to ensure that all students are equipped with the skills and knowledge to be safe online.

Thank you for your continued support in reinforcing these important messages with your child.

# Term 1 Important Dates 3rd February - Prep Students Start 11th February - Breakfast Club Starts 17th February - SSG Meetings Start 20th February - Prep Families Afternoon Tea 4th March - Meet the Teacher - 1pm dismissal 10th March - Labour Day Public Holiday 12th March - Naplan testing commences 21st March - Harmony Day 4th April - Last day of Term - 2:15pm dismissal

Term 2 starts Tuesday 22nd April



#### Term I Assembly Schedule

14th February - Whole School (5/6A presenting)

21st February - Prep & 1/2 (1/2A presenting)
28th February - 3/4 & 5/6 (3/4A presenting)
7th March - Whole School (5/6B presenting)
14th March - Prep & 1/2 (1/2B presenting)
21st March - 3/4 & 5/6 (3/4B presenting)
28th March - Whole School Celebration
Assembly

All assemblies will commence at 9:15am. Weather will determine location choice of Hall, Netball Court or Undercover area





TERM 1

#### **FUNDRAISING**

\$40,000

\$30,000

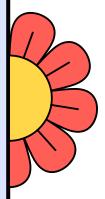
\$20,000

\$10,000

#### Coming up...

- Domino's pizza hot lunch
- Out of uniform day
- Easter Raffle

With this years fundraising efforts we are hoping to resurface our 3-6 playground.



### Domino's mini pizza lunch March 27th









#### COMMUNITY **NEWS**





amusements rides | woodfired pizza | sausage sizzler live entertainment | community market | games spinning wheel | soak the teacher and much more...

240 VICTORIA ST | ALTONA MEADOWS









#### **Baywest Music**

Baywest Music School is a low cost Music School located at Altona Meadows Community Centre.

We teach both adults and children keyboard, Guitar, Violin and Singing for \$15 per lesson and Drums for \$20 per lesson.

For details, please call Stephen on 0425 797 390



#### COMMUNITY **NEWS**



# Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- Have a child in school, starting school next year, or be studying yourself
- Get a regular income (can be you or your partner)
- Agree to join in free online financial education workshops



1300 610 355

saverplus.org.au



SOME

# TUCKS#P

**Lunch packs** starting at \$4.50



ORDER BY 8AM ON THE DAY USING THE SPRIGGY SCHOOLS APP

# APP













#### ICY POLES

\$1.50 FROSTY FRUITS 50c ZOOPER DOOPER CALIPPO \$2.00 00.52 LIFE SAVER 00.58 CYCLONE \$1.00 ICY POLE







SNACK

POTATO CHIPS KILLER PYTHON FREDDO FROGS

\$1.00 50c 50c 00.58







#### Order from our ENTIRE MENU until 8.30am on the Day!

#### 2 COURSE LUNCH PACK from \$6.45

Choose a Main Course Item, then select 1 or 2 Items from the Snack/Drink Menu to make up a TWO or THREE Course Lunch Pack.

Standard Choice Lunch Pack Prices		Course th From \$ I	3 C Lunc	ourse h From \$	Standard Choice Snack/Drinks included in Pack Prio *Premium Choice Snack/Drink + \$1.00 each		
MAIN COURSE MENU					SNACK / DRINK MENU		
SUSHI HAND ROLLS (2pc)					FRESH FRUIT & VEGETABLES		
(GF Soy Sauce provided with Sushi)					Apple pieces, Lemon juice, Cinnamon & Brown Sugar*	+ \$1.00	each
Teriyaki Chicken Hand Rolls (H)	\$	11.50	\$	13.75		+ \$1.00	
Crispy Chicken (Schnitzel) Hand Rolls (H)	\$	11.50		13.75	Fresh Fruit Combo*	+ \$1.00	
Cooked Tuna Hand Rolls (GF)	\$	11.50				Std Ir	
· /	\$	11.50	φ	13.75	Freshly Chopped Strawberries with Grapes	Std Ir	
Avocado Hand Rolls (GF)	\$			13.75		Std Ir	
Cucumber Hand Rolls (GF)	\$			13.75		Std Ir	
Vegetarian Hand Rolls (GF)	\$			13.75		Std Ir	nc.
Tofu Hand Rolls (GF)	Ф	11.50	Ф	13.75	Carrot, Cucumber, Red & Yellow Capsicum	Std Ir	nc.
DICE DADED DOLLG (2xx)					Celery and Carrot Sticks with Sultanas	Std Ir	nc.
RICE PAPER ROLLS (2pc)					•	Std Ir	
		40.45		45.45	Cherry Tomatoes, Tasty Cheese & Rice Crackers	Std Ir	
Chicken Rice Paper Rolls (GF)	\$				Corn Wheels & Lightly Steamed Broccoli	Std Ir	
Vegetarian Rice Paper Rolls (GF)	\$	13.45	\$	15.45	Edamame (Lightly Salted)	+ \$1.00	
DAVEDY (ANY)					Sugar Snap Peas, Beans and Cherry Tomatoes*		
BAKERY (All items freshly baked this morning!)					BAUGEN CHIEFT		
0		,	_	<b>~</b>	BAKERY - SWEET		
Cheese and Vegemite Scroll	\$	6.45	\$	8.95	Chan Chin Caalia		
Savoury Bite 'Little Frank' Roll	\$	6.45		8.95	Choc Chip Cookie	Std Ir	
Topped with Only Cheese Roll	\$	6 .45		8.95	Finger Bun with Sprinkles	Std Ir	
Cheese and Bacon Roll	\$	7 .45	\$	9.95	Fruit Bun Cinnamon Doughnut	Std Ir	
Semi-dried Tomato, Olive & Cheese Roll	\$	8 .95				Std Ir	
Scroll with Ham and Cheese	\$			12.85	Cornflake Cookie	Std Ir	
Spanakopita	\$	1 0.95			Choc Cup Cake (GF/DF)*	+ \$1.00	
Frankfurt 'in a blanket' with Sauce & Cheese (2)	\$	1 0.95	\$	13.65	Blueberry Muffin*	+ \$1.00	
					Jam Drop Biscuit (GF)*  Monday,	+ \$1.00	
PIZZA & GOZLEME					Banana Slice (GF)* Wednesday,	+ \$1.00	eacn
(Served at Room Temp)							
					SUSHI (1 GF Soy Sauce) Thursday &		
Margherita Pizza Twist	\$	8 .95	\$	11.45	1pc Tuna Sushi (GF)*  Friday	+ \$1.00	each
Ham & Pineapple Pizza Slice	\$	1 0.95	\$	13.65	Triady		
Spinach and Cheese Gozleme	\$	13.45	\$	15.45	POPCORN	1	
Lamb and Beef Gozleme	\$	13.45	\$	15.45			
Mushroom and Spinach Gozleme	\$	13.45	\$	15.45	Slightly Sweet, Lightly Salted	Std Ir	nc.
					Lightly Salted	Std Ir	nc.
SANDWICHES/ ROLLS/ WRAPS							
					DRIED FRUIT/ LEGUMES		
Strawberry Jam Sandwich (1.5)	\$	7 .45	\$	9.95			
Vegemite Sandwich (2)	\$	8 .95	\$	11.45	Lime & Black Pepper Chickpeas	Std Ir	nc.
Plain Cheese Sandwich (2)	\$	9 .95	\$	12.85	Roasted Chickpeas	Std Ir	nc.
Simple Salad Roll	\$	9 .95	\$	12.85	Balsamic & Sea Salt Fava Beans	Std Ir	nc.
Cheese and Salad Roll	\$	1 0.95	\$	13.65	Dried Fruit Medley with Yoghurt Sultanas*	+ \$1.00	each
Wholegrain Ham & Cheese Sandwich (1.5)	\$	1 0.95					
Roast Chicken and Salad Roll	\$	11.50	\$	13.75	DIPS WITH MINI RICE CAKES		
Roast Beef, Chutney, Cheese & Lettuce Roll	\$	1 1.50	\$	13.75			
Turkey, Cranberry, Lettuce & Cheese Sandwich (1.5)	\$	1 1.50			Tzatziki Dip with Mini Rice Cakes*	+ \$1.00	each
Mild Salami and Salad Roll	\$	1 1.50			Spring Onion Dip with Mini Rice Cakes*	+ \$1.00	
Wrap w/ Chicken, Tzatziki, Lettuce, Tomato Cucumber		1 2.75			Spicy Capsicum Dip with Mini Rice Cakes*	+ \$1.00	
Banh Mi' Style Roast Chicken Long Roll		1 2.75			Avocado Dip with Mini Rice Cakes*	+ \$1.00	
					A COURT OF THE COU	72.00	
SALADS/ PICNIC BOXES/ FRUIT & VEG					YOGHURTS/ BOWLS		
Steemed Corn Wheels Proceed & Cornet (CT)	φ.	0.05	ሑ	12.05	Stramborn, Vaghurt (Dain, Farmara)*	, #4.00	2051
Steamed Corn Wheels, Broccoli & Carrot (GF)	\$			12.85	Strawberry Yoghurt (Dairy Farmers)*	+ \$1.00	
Fresh Fruit Salad - Main Course Size (GF)		11.50			Classic Vanilla Yoghurt (Dairy Farmers)*	+ \$1.00	
Vegetarian Picnic Box		11.50				+ \$1.00	
Ham Picnic Box		1 1.50				+ \$1.00	eacn
Greek Style Salad with Feta and Olives (GF)	\$	1 2.75	Ф	14.95			
CE SANDWICHES & MADARS					DRINKS		
GF SANDWICHES & WRAPS					Apple Tuice (Ningula)	Ct.l.T	
0511 001 0 111 005		4 6 5 =		40.15	Apple Juice (Nippy's)	Std Ir	
GF Ham & Cheese Sandwich (1.5)	\$	1 0.95				Std Ir	
GF Cucumber & Ham Sandwich (1.5)		1 0.95				Std Ir	
GF Wrap - Ham and Salad		1 2.75				Std Ir	
GF Wrap - Garden Salad	\$	1 2.75	\$	14.95	Full Cream Milk	Std Ir	ıc.
GF wrap - Garden Salad	\$	1 2.75	\$	14.95	rull Cream Milk	Sta Ir	IC.

We are a NUT FREE Kitchen. Descriptions, Dietary and Allergen Information available on our Website.