

Spinach with rice (Spanakorizo)

Ingredients:

1 bunch silverbeet chopped
1/2 bunch spring onions, chopped
1 leek, chopped
1/2 cup olive oil
2 cups short grain rice
4 cups vegetable stock or water
1/2 cup dill, chopped
salt and pepper

Harvest:

Silverbeet
Leeks
Spring onions

Method:

1. Wash the silverbeet well.
2. In a deep pan gently fry onion and leeks in the oil until soft.
3. Stir in the rice and cook for about 5 minutes.
4. Add stock or water and bring to the boil.
5. Add silverbeet and stir well. Cover and cook on a low heat for 15 minutes.
6. Remove from the heat, leave tightly covered and allow to stand for 5 minutes.
7. Stir in dill and seasoning.
8. Serve warm or cold.

